

ICE CREAM CONE RELAY

Equipment Needed: Twenty-one cones; seven balls

Playing area: Playground blacktop

Warm-up Activity- Germs & the Toothbrush (5-10 min.):

- Divide the class into two circles (mouths)
- Designate one student in each group to be the toothbrush, and several students to be the germs.
- The remaining students are teeth.
- The germs run around and around the teeth.
- The toothbrush tries to catch the germs as they run.
- If a germ is caught, the student becomes another part of the line of teeth.

Ice Cream Cone Relay Game:

- Divide the class into six or seven groups.
- Each group will form a single file line on a designated line on the playground
- Place six or seven cones on a line opposite the players on the other end of the play area.
- The first player in each line holds cone upside down with a ball balancing on top of it.
- The second player in each line has a cone held upside down.
- At the Docent's signal, the first player in line runs with the "ice cream cone" down to and around the other cone and back to the other players.
- When s/he gets back to the next player, s/he stops and flips the ball to the second player in line, who attempts to catch it with his/her cone.
- If the ball falls or is missed, it is picked up, and the player starts from behind the starting line.
- Player 1, after flipping the ball to player 2, hands off his/her cone to player 3, then goes to the end of the line.
- Continue until all players have had a chance to flip the ice cream cone.